

Morning and Evening Routine

Do it in order and tick when done

Morning

☐

Wake up

☐

Make the bed

☐

Wash my face

☐

Brush my teeth

☐

Get dressed

☐

Eat breakfast

☐

Pack my bag



Evening

☐

Tidy my toys

☐

Eat dinner

☐

Wash my hands

☐

Put on pajamas

☐

Brush my teeth

☐

Read a story

☐

Go to bed



Name: _____